A Fitness and Sport future that works out for you

**FITNESS**

**Bachelor Degree in Fitness or Exercise Science**

Graduates of this qualification will be able to flex their muscles in management and leadership in the fitness industry. You will be capable of dealing with multi-disciplinary teams and higher risk clients at a management level. The Northern Sydney Institute’s students can receive credit towards their degree at various universities across NSW too.

Employment options: gym manager, senior fitness instructor or trainer

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**SPORT**

**Qualification in Sports Development**

If you would like to sharpen your skills as a coach or official within the sport and recreation industry a qualification in Sports Development is the course for you. Graduates of this program – which will be coming soon to Northern Beaches Campus – will be ready to take on a range of sports leadership careers. If you would like to know more about this upcoming program please call us on 131 674.

Employment options: coaching, officiating and administration roles

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**Diploma of Fitness**

Graduates of this qualification are eligible to apply for registration with Fitness Australia as a Fitness Specialist. A Fitness Specialist delivers and monitors exercise interventions for moderate risk people and challenging client groups, working in close operation with allied health professionals.

Employment options: fitness specialist

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**Certificate IV in Fitness**

This is the qualification that gets your career going! Graduates of this qualification are eligible to apply for registration with Fitness Australia as a Personal Trainer, Children’s Trainer, Older Adults Trainer and/or Aqua Trainer, depending on the specialisation units completed.

Employment options: personal trainer

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**Certificate III in Fitness**

Graduates of this qualification are eligible to apply for registration with Fitness Australia as a gym instructor, group exercise instructor or Aqua instructor, depending on the specialisation units completed.

Employment options: gym or fitness instructor

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**Have you considered?**

**Certificate III in Sport Coaching**

Elite athletes may be blessed with the athletic prowess, but they need strong motivation and direction to reach their goals. It’s the job of the sports coach to motivate and direct such individuals and teams as they strive for excellence.

Employment option: coach

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**Find out**

www.nsi.edu.au • 131 674

Part of TAFE